



July 26, 2026
Ninth Sunday after
Pentecost
Fruit of the Spirit: joy

Welcome to Worship

We are an intentionally inclusive community, proclaiming a warm welcome to people of every race, nationality, gender identity, gender expression, sexual orientation, age, and ability into all aspects of our church life.

~ Faith Lutheran Church

We acknowledge that we are on the traditional land of the Coast Salish people, including the Duwamish People past and present. We honor with gratitude the land itself and the Duwamish Tribe.

WELCOME

We are so glad you're here!

HELPFUL INFORMATION

Welcome to worship at Faith Lutheran Church. Everything you need to **follow the service** is in this bulletin. Please take a moment to fill out the **information card** found in the pew rack. Place the card in the offering plate so we can be in touch with you.

Prayer requests to be offered during worship can be written on the prayer request card in the pew rack and passed toward the center aisle where it will be collected by an usher during the first hymn.

There are **coffee and treats** in the Library after the service. We would like to welcome you to continued fellowship. **Restrooms** are located on the far side of the Library or down the main stairs. Should an emergency occur an **AED unit** is located in the narthex on the wall by the main entrance. **Masks and sanitizer** are available at both entrances to the Sanctuary.

The **elevator** is located at the top of the stairs in the Narthex. Feel free to **explore** the building and ask questions of the pastor, ushers or anyone you see!

We encourage you to introduce yourselves and hope you feel **comfortable** here.

Children are welcome and highly encouraged to be in worship. We understand that children have the need to move and make sound; which we find to be a joyful and important part of worship. **Blessing Bags** are found near both entrances of the sanctuary filled with activities for children. A **cry room** is available at the back of the sanctuary should you need a brief respite.

Faith Lutheran Church is a **lively, caring and energetic** community.
We are so glad you are here!

WELCOME & ANNOUNCEMENTS

CALL TO WORSHIP

Five Galliards, Part I

GIROLAMO FRESCOBALDI*

We gather in preparation,
for good news is about to be proclaimed.
We gather in expectation,
for joy is about to break forth in our midst.
We gather in celebration,
for we are people who say
yes to the One incarnate for others,
yes to the wholeness of God.
In preparation and expectation, let us worship.

CONFESSION

Whole God,

We confess that we have paid so little attention to the sources of joy in our daily lives. We have such constant access to the terrors and traumas of this world that it has become difficult to see anything else. We have sneered and mocked the happiness of others, dismissing their fun as immature or juvenile. We have possessed sparse imagination for the relationship between sorrow and joy, often demanding joy present as mere cheerfulness. We have grown so used to the sinister curiosity around pain that we have created a culture where it is consumed as the only experience worth attuning to. Liberate us, God. And have mercy on our imbalance assessment of daily life, that in our survival we would cling to the practices of joy we've inherited and find some measure of peace.

Silence for personal reflection

Let your soul receive this rest: The God of joy takes compassion on your inner doom and fills you with a peace that surpasses understanding. Let the diving guide you to laugh, joke, rest, dance, remember, dream, all steadied by a belief that you are worthy of goodness even when goodness does not immediately make herself known to you. Forgive yourself your despair and relax in the arms of the divine. **Amen.**

1 O day full of grace that now we see ap - pear - ing on
 2 O day full of grace, O bless - ed time, our Lord on the
 3 For Christ bore our sins, and not his own, when he on the
 4 God came to us then at Pen - te - cost, the Spir - it new
 5 When we on that fi - nal jour - ney go that Christ is for

earth's ho - ri - zon, bring light from our God that we may
 earth ar - riv - ing; then came to the world that light sub -
 cross was hang - ing; and then he a - rose and moved the
 life re - veal - ing, that we might no more in death be
 us pre - par - ing, we'll gath - er in song, our hearts a -

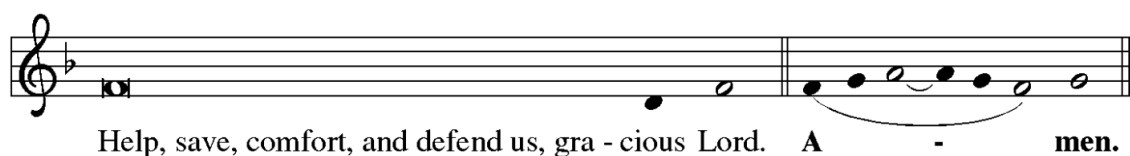
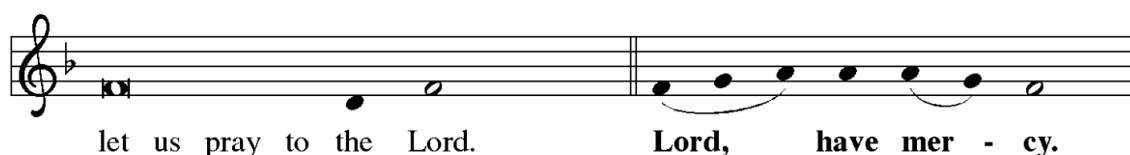
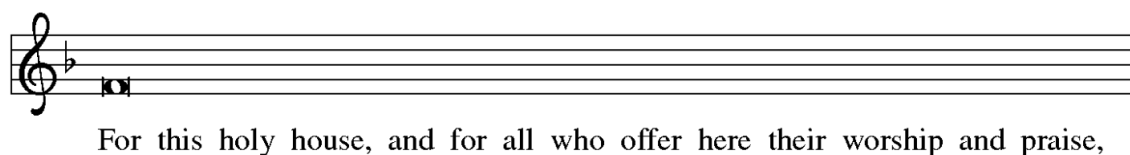
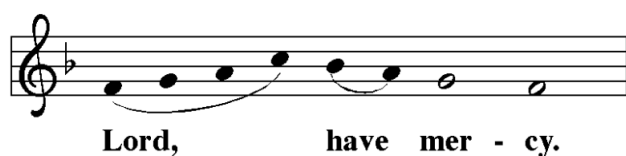
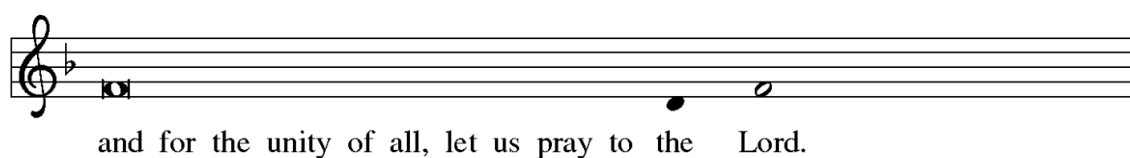
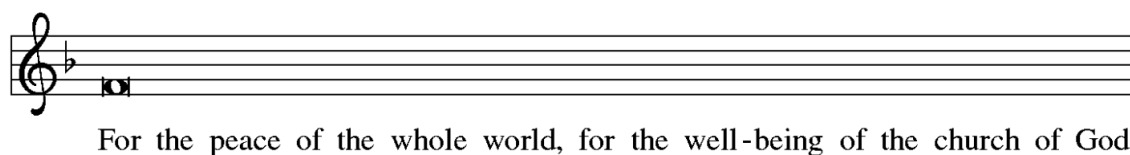
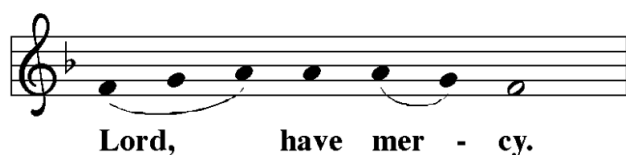
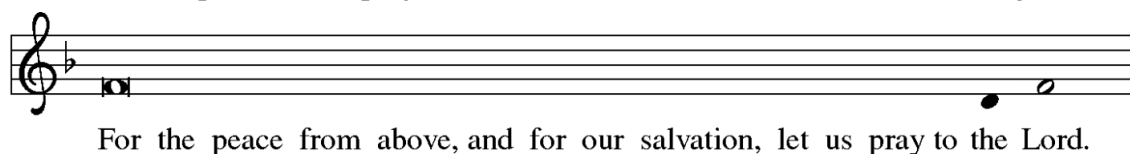
be a - bun - dant in joy this sea - son. God, shine for us
 lime, great joy for us all re - triev - ing; for Je - sus all
 stone, that we, un - to him be - long - ing, might join with an -
 lost, its pow'r o - ver us dis - pel - ling. This flame will the
 glow, all joy of the heav - ens shar - ing, and there we will

now in this dark place; your name on our hearts em - bla - zon.
 mor - tals did em - brace, all shame and des - pair re - mov - ing.
 gel - ic hosts to raise our voic - es in end - less sing - ing.
 mark of sin ef - face and bring to us all true heal - ing.
 join God's end - less praise, with an - gels and saints a - dor - ing.

GREETING

The grace of our Lord Jesus Christ, the love of God, and the communion of the Holy Spirit be with you all. **And also with you.**

KYRIE & HYMN OF PRAISE



Refrain
This is the feast of vic-to-ry for our God. Al-le - lu - ia,

al - le - lu - ia, al - le - lu - ia. 1 Wor - thy is Christ, the Lamb

who was slain, whose blood set us free to be peo - ple of God.

Refrain
This is the feast of vic-to-ry for our God. Al-le - lu - ia,

al - le - lu - ia, al - le - lu - ia. 2 Pow - er, rich-es, wis - dom, and

strength, and hon - or, bless - ing, and glo - ry are his.

Refrain
This is the feast of vic-to-ry for our God. Al-le - lu - ia,

al - le - lu - ia, al - le - lu - ia. 3 Sing with all the peo - ple of

God, and join in the hymn of all cre - a - tion: Bless - ing, hon - or,

glo - ry, and might be to God and the Lamb for - ev - er. A - men.

Refrain

This is the feast of vic-to-ry for our God. Al-le - lu - ia,

al - le - lu - ia, al - le - lu - ia. 4 For the Lamb who was

slain has be - gun his reign. Al - le - lu - ia.

Final refrain

This is the feast of vic-to-ry for our God.

Al-le - lu - ia, al - le - lu - ia, al - le - lu - ia.

PRAYER OF THE DAY

Honest God,

The weight of the world is so heavy, it feels as if we don't have any strength left to carry joy along with it. Be with us now as we try to reclaim and attune to some beauty in the world. Keep us from despair. Let joy be the arms that carry us from hopelessness. Remind us that more than one thing can be true at once. That the world can be terrible and still dare to be beautiful. In the fight against oppression in all its forms, may joy protect us. Amen.

READING Galatians 5:13-14, 22b-25

For you were called to freedom, brothers and sisters and siblings, only do not use your freedom as an opportunity for self-indulgence, but through love become enslaved to one another. For the whole law is summed up in a single commandment, "You shall love your neighbor as yourself."

...(T)he fruit of the Spirit is love, joy, peace, patience, kindness, generosity, faithfulness, gentleness, and self-control. There is no law against such things. And those who belong to Christ have crucified the flesh with its passions and desires. If we live by the Spirit, let us also be guided by the Spirit.

The Word of the Lord

Thanks be to God

GOSPEL ACCLAMATION



GOSPEL John 16:16-24

The Holy Gospel according to St. John, the 16th Chapter.

Glory to you, O Lord.

Jesus went on to say, "In a little while you will see me no more, and then after a little while you will see me."

At this, some of his disciples said to one another, "What does he mean by saying, 'In a little while you will see me no more, and then after a little while you will see me,' and 'Because I am going to the Father'?" They kept asking, "What does he mean by 'a little while'? We don't understand what he is saying."

Jesus saw that they wanted to ask him about this, so he said to them, "Are you asking one another what I meant when I said, 'In a little while you will see me no more, and then after a little while you will see me'? Very truly I tell you, you will weep and mourn while the world rejoices. You will grieve, but your grief will turn to joy. A woman giving birth to a child has pain because her time has come; but when her baby is born she forgets the anguish because of her joy that a child is born into the world. So with you: Now is your time of grief, but I will see you again and you will rejoice, and no one will take away your joy. In that day you will no longer ask me anything. Very truly I tell you, our God will give you whatever you ask in my name. Until now you have not asked for anything in my name. Ask and you will receive, and your joy will be complete."

The Word of the Lord,
Praise to you, O Christ

SERMON

1 I've got the joy, joy, joy, joy,
2 I've got the peace that pass - es un - der - stand - ing,
3 I've got the love of Je - sus, love of Je - sus,

down in my heart, down in my heart, down in my heart;
down in my heart, down in my heart, down in my heart;
down in my heart, down in my heart, down in my heart;

I've got the joy, joy, joy, joy,
I've got the peace that pass - es un - der - stand - ing,
I've got the love of Je - sus, love of Je - sus,

down in my heart, down in my heart to stay.
down in my heart, down in my heart to stay.
down in my heart, down in my heart to stay.

Text: George W. Cooke

Music: DOWN IN MY HEART, George W. Cooke

NICENE CREED

**We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father;
through him all things were made.**

**For us and for our salvation
he came down from heaven,
was incarnate of the Holy Spirit and the virgin Mary
and became truly human.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son,*
who with the Father and the Son is worshiped and glorified,
who has spoken through the prophets.**

**We believe in one holy catholic and apostolic church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.**

PRAYERS

*Each petition will end with God of grace, **hear our prayer.***

PEACE

The peace of the Lord be with you all.

And also with you.

Please share a sign of the peace as you are comfortable.

OFFERING

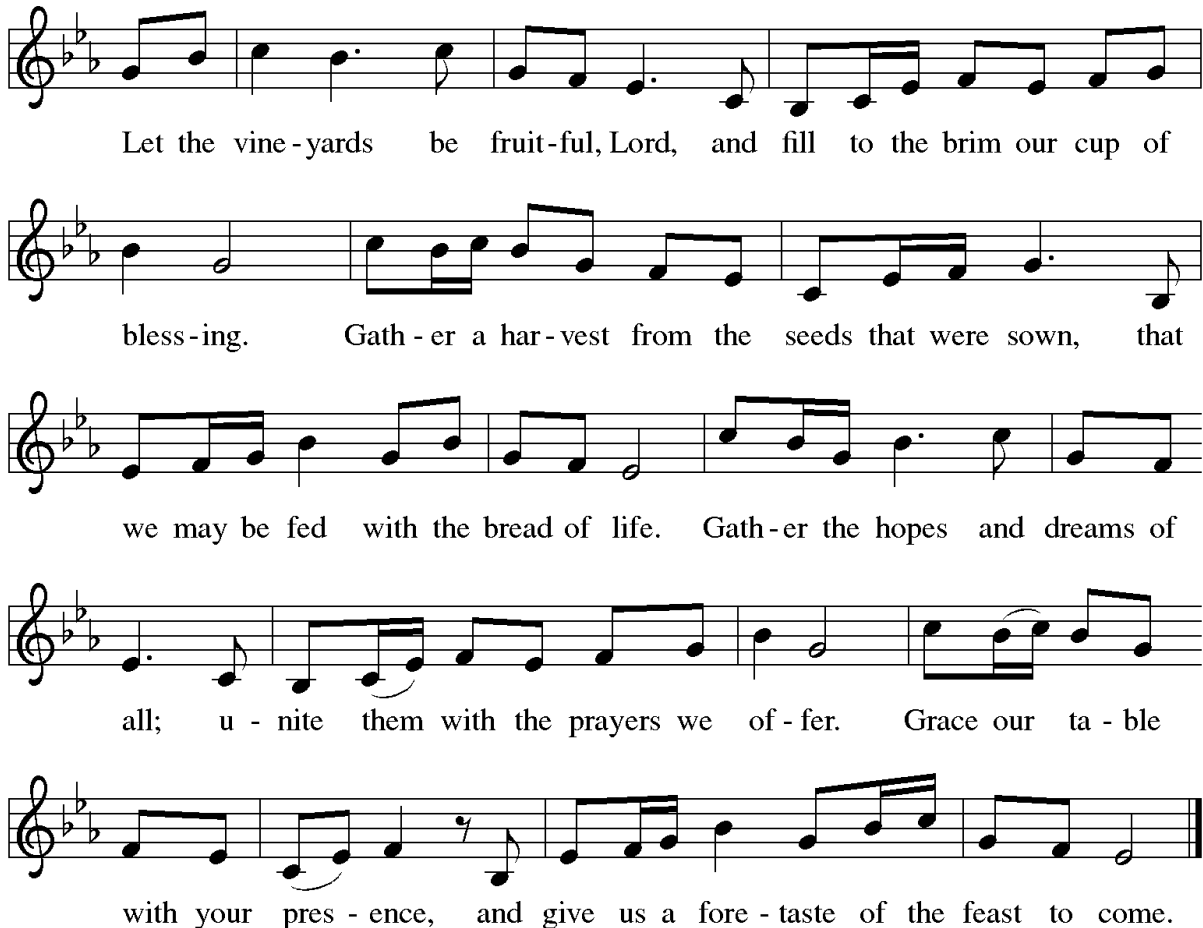
OFFERTORY

Five Galliards, Part II

GIROLAMO FRESCOBALDI*

OFFERING HYMN *ELW 184 Let the Vineyards Be Fruitful*

RONALD A. NELSON



Let the vine-yards be fruit-ful, Lord, and fill to the brim our cup of
bless-ing. Gath-er a har-vest from the seeds that were sown, that
we may be fed with the bread of life. Gath-er the hopes and dreams of
all; u-nite them with the prayers we of-fer. Grace our ta-ble
with your pres-ence, and give us a fore-taste of the feast to come.

Text: John W. Arthur, 1922-1980
Music: Ronald A. Nelson, b. 1927

OFFERING PRAYER

Joy bearing God,
we offer at your table the gifts of our hearts.
Help us take heart in you and share freely of your joy,
so that all creation can taste your abundance.
We ask this in the name of Jesus,
through the Spirit abiding with us now and forever.
Amen.

GREAT THANKSGIVING

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

In the night in which he was betrayed,
our Lord Jesus took bread, and gave thanks;
broke it, and gave it to his disciples, saying:
Take and eat; this is my body, given for you.
Do this for the remembrance of me.

Again, after supper, he took the cup, gave thanks,
and gave it for all to drink, saying:
This cup is the new covenant in my blood,
shed for you and for all people for the forgiveness of sin.
Do this for the remembrance of me.

Lord, remember us in your kingdom and teach us to pray:

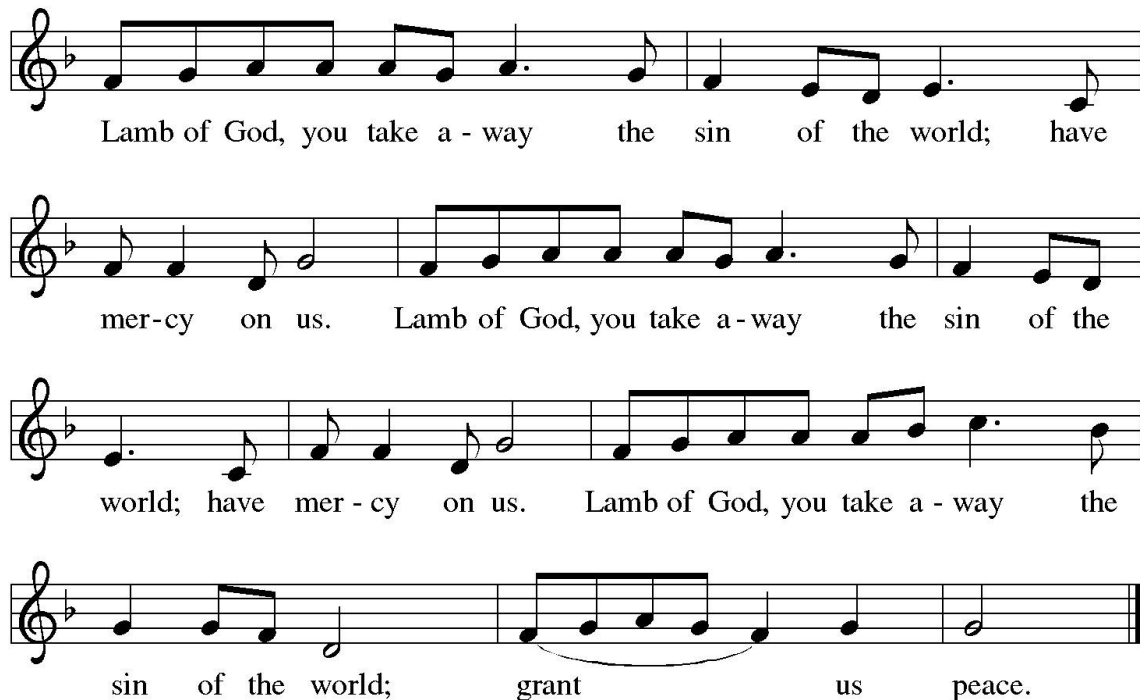
LORDS PRAYER

**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
 on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those
 who sin against us.
Save us from the time of trial
and deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and forever. Amen.**

COMMUNION INVITATION

God feeds us with the presence of Jesus Christ. Come, all is ready, all are welcome.

LAMB OF GOD



COMMUNION DISTRIBUTION

As we gather for communion, all are invited to come forward to the bottom step near the baptismal font. If you would like to receive a blessing instead, please place your hands over your heart as a sign of requesting the blessing. You will receive the bread (host) and the wine or grape juice. Gluten free wafers are available and the baked bread is gluten free. If you are communing from another location, we trust that Christ is present through the Holy Spirit in the bread and the wine/grape juice. Please note the importance of the words of institution and the invitation to communion, holding holy worshipful space within this sacrament.

COMMUNION BLESSING

May the body and blood of our Lord Jesus Christ strengthen you and keep you in his grace now and forever, Amen.

PRAYER AFTER COMMUNION

Life-giving God, in the mystery of Christ's resurrection, you send light to conquer darkness, water to give new life, and the bread of life to nourish your people. Send us forth as witnesses to your Son's resurrection, that we may show your glory to all the world, through Jesus Christ, our risen Lord.

Amen.

1 This lit - tle light of mine, I'm goin' - a let it shine;
 2 Ev - 'ry - where I go, I'm goin' - a let it shine;
 3 Je - sus gave it to me, I'm goin' - a let it shine;

oh, oh,

this lit - tle light of mine, I'm goin' - a let it shine;
 ev - 'ry - where I go, I'm goin' - a let it shine;
 Je - sus gave it to me, I'm goin' - a let it shine;

oh,

this lit - tle light of mine, I'm goin' - a let it shine,
 ev - 'ry - where I go, I'm goin' - a let it shine,
 Je - sus gave it to me, I'm goin' - a let it shine,

oh,

let it shine, let it shine, let it shine.
 let it shine, let it shine, let it shine.
 let it shine, let it shine, let it shine.

BLESSING

Blessing – The Almighty One, who fills the creation with abundance,
Christ, who spreads his arms in forgiveness,
Holy Spirit, who draws ever near to us,
+ bless you and bring you to life everlasting.
Amen.

BENEDICTION RESPONSE

Five Galliards, Part III

GIROLAMO FRESCOBALDI*

SENDING

Go in peace. Serve the Lord.

Thanks be to God!

+ + +

***WORSHIP NOTES:** The five galliards heard in this morning's service are from **Girolamo Frescobaldi's** 1627 collection of toccatas and dances. The varied moods found in Frescobaldi's toccatas are not found here, rather a resolute consistency of energy from one dance to the next. *Let them praise his name in the dance...Praise him with trumpet sound...praise him with strings and pipes!* ~ Psalm 149:3, 150:3-4

Sundays and Seasons (liturgical elements from Augsburg Fortress)

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TODAY IN WORSHIP

Preaching & Presiding: Deacon Liz Colver

Music: David Buice

Reader: Lynn Krog

Ushers: John Hushagen & Selma Wendt

Fellowship: Barb & Rick Friedhoff

Altar Guild: Barbara Lovseth

Zoom Host: Pat Wilson

Tech Operator: Carl Presley

NEXT WEEK:

Galatians 5:13-14, 22b-25

Gospel: Mark 4:35-41



Blood Drive August 19th

This August, we're asking you to do something extraordinary with just one hour. An hour to roll up your sleeve, to give blood, to save a life. Every day, patients rely on blood donations during emergencies, surgeries, and cancer treatments. Those blood donations can only come from generous donors like you. Yet this summer we're having a challenge keeping up with patient need. That's why we're inviting you to set aside one hour to keep our blood supply strong during the summer. Please make an appointment to donate blood near you. Thank you for being the kind of person who shows up when it matters most.

Join us for the Faith Lutheran Church blood drive on **Wednesday, August 19**. Appointments are available between 12:00 pm to 6:00 pm. Sign up for your appointment by clicking on the link in the weekly email or scanning the QR code below.





Faith Community Directory

Have you signed up for our new Faith Community Directory yet? This secure, online directory makes it easy to stay connected with your Faith family, update your contact information, and add family photos. You can access it anytime from your phone, tablet or computer.

Simply download the **Instant Church Directory** app or visit the directory website (see the weekly email for links and instructions). Use the email address we have on file for you to create your account, then review and update your information.

If you need help getting started or your email address isn't in our records, please contact Emily at **206.317.4631** or **office@faithseattle.org**.

Thank you for helping us build an accurate and welcoming directory for our Faith community! Printed directories will be available once member information has been updated and verified.



It is your generous donation that sustains the ministries at Faith Lutheran Church, in our community and in the world. Thank you.

DONATE ONLINE

It's easy.

Scan the QR code below to give via Vanco.



Help Shape Our Website & Logo - Survey Closes August 9

Our church website and logo are getting a fresh new look! Kelsey Beebe, of [Pastor Kelsey Creative](#) has been contracted to redesign the website, logos and communication training.

As part of this process, we want to hear from you. Your feedback will help identify the shared values, hopes and communication needs that will guide this work and ensure our visual identity reflects who we are and who we are becoming as a congregation.

Please take a few minutes to complete the survey by Sunday, August 9. The survey will close that day, so don't miss the opportunity to share your voice! You don't need to answer every question. Every response helps shape the direction of this project. Thank you for taking the time to participate and for helping shape the future of our congregation.

Click on the link in the weekly email or scan the QR code below to complete a Congregational Survey for Design, Website, and Communications Refresh!



Office Updates

The church office will close at 10:30am on Tuesday, July 28.

Our summer office hours are **Monday - Thursday, 8:00 am - 3:30 pm**. Emily, our Office Manager, is always available by phone at (206) 317-4631 and email at office@faithseattle.org during the workday.

Emily will be at the church with the office open **Mondays, Tuesdays and Thursdays from 8:00 am - 1:00 pm**. We'd love to see you, stop in and say hello! Please note that the office is closed on Fridays.

Tea Time with Emily

Tea Time is cancelled for now and will resume later this summer. Watch your weekly email and church bulletin for updates from the office and information about when Tea Time will return.